

# What is abortion misinformation?

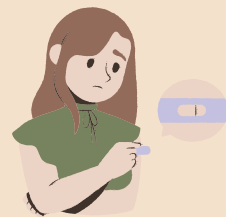
Abortion misinformation is any inaccurate information about the risks and consequences of abortion<sup>1</sup>. These may also be called "abortion myths."

## Debunking physical health myths

There is **no evidence** linking abortion to increased risk of breast cancer<sup>2-4</sup>.



Having an abortion **does not lead** to infertility or future miscarriage<sup>5-7</sup>.



< 1 out of 100,000 abortions result in death<sup>8</sup>, compared to 33 out of 100,000 childbirths<sup>9</sup>.



## Debunking mental health myths



Increased depression after abortion is **not as common** as thought<sup>10-13</sup>.



It is also **rare** to experience increased anxiety following abortion<sup>10-13</sup>.



Few experience regret. Most experience **relief**<sup>14</sup>.



# Need resources? You got them.

**Planned Parenthood:** Find a health center or find a clinic that provides abortion services

**National Abortion Federation:** Find a provider near you or call their national hotline at 1-800-772-9100

**Guttmacher Institute:** find more information about abortion policies, laws, and research here

**Health and Human Services:** find resources for reproductive health here

**Reproductive Rights:** Know your reproductive rights



## Find a full citation list here:



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